

Hampton Parks, Recreation & Leisure Services
Athletic Division

2020 Adult Spring Softball Information

OFFICIAL RULES: NSA and HPRLS Rules and Regulations

TEAM ROSTERS MAXIMUMS: Men & Women **20** players, Co-Ed **35** players

EQUIPMENT: Women will use an 11” optic (**yellow**) softball with a maximum C.O.R. of .52. Men will use a 12” optic (**yellow**) softball with a maximum C.O.R. of .52. **Maximum Compression is 275 pounds.** Co-ed will use both a 12” and an 11” ball for male and female players respectively. All balls must have the NSA stamp. All bats must have the 2012 NSA stamp.

ROSTERS: All rosters must be turned in by 4:00 p.m. on Friday, March 27, 2020 at the Athletic Office located at 125 Franklin St Hampton 23669. Scheduled games will be forfeited until roster is turned in to the Athletic Division.

ENTRY FEE & REGISTRATION: The entry fee for the 2020 Spring League is **\$450.00 (made payable to: City of Hampton)** per team. There is a **\$25.00 NSA Sanction fee due at the manager’s meeting.**

Registration will be held at the Athletic Office first come first serve basis February 10 – March 13, 2020 from 8:30 a.m. – 4:00 p.m.

All leagues will play double headers for the regular season. Each league will play one night a week. Games will be 55mins.

MANDATORY MANAGER’S MEETING: 6:00 p.m. March 19, 2020 at 1435 Todds Lane Rd inside Northampton Community Center.

SCHEDULES: Will be available for pick up March 30 – April 3, 2020 between the hours of 8:30 a.m. – 4:00 p.m. at the Athletic Office or online at www.hampton.gov/athletics.

TENTATIVE DATES:

- Practice begins March 23, 2020. Please call the Athletic Office to reserve practice time on March 20, 2020. Must have had a team representative attend managers meeting to get practice times.
- Regular Season begins April 6, 2020.

Athletic Office: 726-8750

Email: alex.wilks@hampton.gov

<http://www.hampton.gov/athletics>

*Information and dates subject to change