

# CITY EMPLOYEES CAN GET FIT FOR FREE

The city's four community centers offer free general and fitness membership.

General membership gives city employees access to all community centers free programs, activities and open gym annually (normally \$20/year for adults).

Fitness membership for city employees will also be at no charge (normally \$15/month).

Employees will need to pay for use of the pools and for fee-based classes, such as aerobics, Zumba or yoga because those generally use outside instructors.

**West Hampton Community Center**  
1638 Briarfield Road  
(757) 896-4688

**North Hampton Community Center**  
1435 A Todds Lane  
(757) 825-4805

**North Phoebus**  
249 Chamberlin Avenue  
(757) 727-1160

**Fort Monroe Community Center**  
100 Stillwell Rd., Fort Monroe  
(757) 727-6831

For hours and details about each community center, go to [hampton.gov/communitycenters](http://hampton.gov/communitycenters)

**HAMPTON VA**

