
















March 2019

100 Old Hampton Lane (757)727-1300

HAMPTON VA
HEALTHY FAMILIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1	2
3	4  Lion Craft	5  Mardi Gras	6  Lamb Craft	7  Infant Massage  Twinkle, Twinkle Little Star	8	9
10  Daylight Saving Time Begins!	11  Chia Cup	12	13  Hats with Style	14  Infant Massage  Hats with Style	15	16
17  Happy St. Patrick's Day	18  Humpty Dumpty Craft	19	20  Gosnold Hope Park	21  Infant Massage  Do You Know the Muffin Man	22	23
24	25  Sheep Mask	26	27  Hickory Dickory Dock	28  Infant Massage  Rain Cloud	29	30
31  Follow us on Instagram hamptonhealthyfamilies	1 April Fool's Day  like us on facebook	Walkers & Talkers Mondays & Wednesdays 9:30-11:30 		Movers & Shakers Thursdays 10:00-11:30		Mallory Movers & Shakers Beginning Tuesday, March 19 10 a.m.-12 p.m. 331 Big Bethel Road, Hpt. 23666
www.facebook.com/hamptonhealthyfam						

April 2019

100 Old Hampton Lane (757)727-1300

HAMPTON VA
HEALTHY FAMILIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1  Playgroup Closed	2 Playgroup Closed	3 Playgroup Closed	4 Playgroup Closed	5	6
7	8  Big Bad Wolf	9	10  Easter Bunny	11  Piggy Plate Painting	12  like us on facebook	13
14	15  Hey Diddle Diddle	16	17  Egg Hunt	18  Egg Hunt	19 Good Friday	20
21 	22 Earth Day  Marbled Earth	23	24  Blue Bird Gap Farm	25  Umbrella Rainy Day	26	27  Follow us on Instagram hamptonhealthyfamilies
28	29  Tie Dye T-shirts	30	1  Tie Dye T-shirts	2  Tie Dye T-shirts	3	4
<p>*The Easter Bunny is scheduled for the 4/10, but may be rescheduled for 4/17.</p> <p>*4/17-4/18 10:30-11:30 We will be at Mill Point Park for the Egg Hunt</p>		<p>Walkers & Talkers Mondays & Wednesdays 9:30-11:30</p> 		<p>Movers & Shakers Thursdays 10:00-11:30</p>		