

Table of Contents

Overview of Youth Opportunities	3
Youth Civic Engagement (Volunteer Service)	4
Career Pathways & Clusters	5
Exploring Your Career Path	6
Service Log	7
Description of Career Clusters	8-9
Organizations by Career Cluster	10-11
Directory of Experiences	12-37
Organization Directory	38-44
Other Avenues for Community Engagement	45
School Service Opportunities	46
School Career Pathway Opportunities	47

Young People's Guide to Volunteer Service & Work Experience in Hampton

**"Young people with the power and voice
to shape the future of Hampton"**



**City of Hampton
Youth, Education & Family Services
Youth Civic Engagement**

**Youth Opportunities
Resource Booklet**

2013-2014

Overview of Youth Opportunities

This resource booklet contains information to help youth, of all ages, learn more about the variety of opportunities available to youth to make a difference in their community by volunteering and gain work experience in career field that interests them.

For more than twenty years, the City of Hampton has viewed its young people as vital resources. Our goal is to continually engage young people in meaningful roles in which they can make an impact in their community and government.

This resource booklet seeks to meet nonprofit organizations' and government agencies' need for volunteers with young people's desire to give back in ways that they find fulfilling. We know that youth have varying schedules, transportation constraints, along with enthusiasm to serve in areas that are of particular interests to them.

In addition, because that young people are passionate about not only volunteering but gaining work experience, this booklet also provides information on a variety of work opportunities (including training programs, leadership, service, and employment) that will assist youth in fulfilling their desire to service their community while gaining meaningful work experiences.

We hope that this book assist you in finding the right opportunity for you to serve your community. In addition, we encourage you to seek additional information on employment should contact the **Youth Career Café** at 757-249-2104.



Should you have any suggestions or need additional general information about youth civic engagement, career pathway, or career and workplace readiness opportunities, please call 727-2712.

Joy P. Jackson, Youth Development Manager

Youth Civic Engagement (Volunteer Service)

Youth civic engagement, or volunteer service, includes a spectrum of opportunities and roles from one-time events, to weekly or monthly service projects, to long-term leadership commitments. In Hampton, we organize civic engagement opportunities by the type of role that youth fulfill.

Youth Civic Engagement (Volunteer Service) ROLE	DESCRIPTION
Shared Leadership	Participation in roles of shared leadership with adults (e.g. Hampton Youth Commission, School Board Youth Representatives)
Advisory & Consultation	Participation in an advisory capacity by providing youth and adult leaders with input and consultation (e.g. Neighborhood Youth Advisory Board)
Involvement	Participation in service projects and service learning (e.g. KICK Curriculum, fundraising events, etc.)

Throughout the Resource Booklet you will find opportunities listed by "Experience Type." Volunteer experiences will be designated as Service or Leadership.

Service opportunities include any opportunities under the role of involvement listed above.

Leadership opportunities include any experiences in the advisory & consultation role or shared leadership role.

In addition to opportunities being listed as service and leadership other, employment and training experiences are also included.

Career Pathways & Clusters

Today’s employers are concerned in both the private and public sector about the gap that exists between the skills required in today’s workplace and those exhibited by potential and incumbent employees. Businesses have trouble finding and hiring people who have basic skills and who are ready for training for specific jobs.

As a young person, discovering as much about your passions and career interests sooner rather than later is essential to get set on the pathway that will lead you to your only personal success.

To do that, “Career Pathways and Career Clusters” provide a way to learn more about careers and work. Career Pathways provide you with a way to link your personal interests and passions with your formal education and real-life experiences in the community. The hope is that all youth will graduate from school equipped with not only the skills but a clear understanding of their own personal pathway to a successful career.

While the opportunity to explore a career might begin in class through a variety of courses, the experience does not have to stop there. Get involved in extra-curricular activities, service learning, leadership opportunities to enhance your experience. The journey starts now...

*In this resource booklet you will find experiences categorized by “Career Cluster” to assist you in exploring a variety of career opportunities.

Exploring Your Career Path

A career path is a map from where you are today to your desired career. Many people have a goal in mind, a dream job for which they are striving, while others aren’t quite sure what the future holds for their professional life and need a nudge. Below are some questions that can assist you at any stage in exploring possible future careers.

What are my current skills?

What are my current interests? Think about subjects you like, other people’s jobs that sound interesting and career clusters about which you would like to know more.

What is my wish list for my perfect job?

What courses have I taken (or would you like to take), perhaps, as electives that interest me?

Are the preceding questions aligned to a particular career cluster?

Use the answers to these questions to guide your search for volunteer, training and work opportunities. Should you not find experiences in this booklet in your field of interest, in addition to contacting the Youth Career Café and the Youth Civic Engagement Office, speak to your guidance counselor and teachers that teach classes related to your interests for other ideas on opportunities that might be available to you.

Description of Career Clusters con't

Human Services

Preparing individuals for employment related to families and human needs such as counseling and mental health services, family and community services, personal care, and consumer services.

Information Technology

Building linkages in IT occupations for entry level, technical, and professional careers related to the design, development, support and management of hardware, software, multimedia and systems integration services.

Law, Public Safety, Corrections & Security

Planning, managing and providing legal, public safety, protective service and homeland security, including professional and technical support services.

Manufacturing

Planning, managing and performing the processing of material into intermediate or final products and related professional and technical support activities such as production planning and control, maintenance and manufacturing/process engineering.

Marketing

Planning, managing, and performing marketing activities to reach organizational objectives such as brand management, professional sales, merchandising, marketing communications and market research.

Science, Technology, Engineering & Mathematics

Planning, managing, and providing scientific research and professional and technical services (e.g. physical science, social science, engineering) including laboratory and testing services, and research and development services.

Transportation, Distribution & Logistics

The planning, management, and movement of people, materials, and goods by road, pipeline, air, rail, and water and related professional and technical support services such as transportation infrastructure planning and management, logistics services, mobile equipment and facility maintenance.

Information on clusters from www.careertech.org

ORGANIZATIONS BY CAREER CLUSTER*

Agriculture, Food & Natural Resource

Animal Aid Society
Clean City Commission
Hampton Parks & Recreation
Peninsula SPCA
Virginia Cooperative Extension
Virginia Living Museum

Architecture & Construction

Arts, A/V Technology & Communications

Business Management & Administration

American Red Cross
Boys & Girls Clubs of the Virginia Peninsula

Education & Training

Alternatives, Inc.
Big Brothers Big Sisters of the Greater Virginia Peninsula
Hampton-Newport News Community Builders Network
Hampton Public Library
Parenting Education (Youth, Education & Family Services)
Virginia Air & Space Center
Virginia Cooperative Extension

Finance

Government & Public Administration

Alternatives, Inc.
Community Development Department, City of Hampton

Health Science

American Redcross
Hampton Health District (Virginia Department of Health)
Sentara Careplex

Hospitality & Tourism

Hampton History Museum
Hampton Parks & Recreation
Virginia Living Museum

CAREER CLUSTERS con't

Human Services

Alternatives, Inc.
 The Arc of the Virginia Peninsula
 Big Brothers Big Sisters of the Greater Virginia Peninsula
 Boys and Girls Club of the Virginia Peninsula
 Girls, Inc.
 Hampton-Newport News Community Builders Network
 Hampton Public Library
 Hampton Teen Center
 Parenting Education (Youth, Education & Family Services)
 Salvation Army
 Transitions Family Violence Services
 Y. H. Thomas Community Center
 YMCA

Information Technology

Hampton Public Library

Law, Public Safety, Corrections & Security

Hampton Police Department

Manufacturing

Marketing

Boys and Girls Club of the Virginia Peninsula

Science, Technology, Engineering & Mathematics

Virginia Air & Space Center

Transportation, Distribution & Logistics

*Organizations listed by opportunities offered in that particular career cluster.

These categories are the 16 Career Clusters used by the Virginia Department of Education which are designed to help youth explore careers and design their course.

Directory of Experiences

Alternatives, Inc.

Organization Description: Alternatives Inc.'s vision is "Healthy, principled and creative young people fully engaged in the life of the community."

Group: Uth ACT (**Youth Achieving Change Together**)

Group Type: Youth civic Engagement and activism

Experience Type: Leadership;

Career Cluster(s): Human services;
 Government & Public Administration

Position(s): Officers and Member positions available

Group Description/Duties & Responsibilities:

Uth ACT members are leading the charge (from a youth perspective) on reducing the drop out problem in Hampton and Newport News. Youth members sign up for one or more committees to address various aspects of the drop out problem:

- 1) *Awareness:* Plan and host drop out awareness assemblies for their school and a regional conference called "Peninsula Grad-Nation Summit"
- 2) *Advocacy:* Propose 'school improvement' policy recommendations to local representatives and to state and national representatives in Richmond and Washington, DC
- 3) *Education:* Lead the 'Leaders and Readers' literacy program with children, grades K-3. Teens are trained in the program and work with a partner to provide reading reinforcement to below grade level readers

Age(s)/Grade: Grades 9-12

Application: No (signed parental permission form required)

Training: Yes *Time of Year:* Year Round

Start Date: (1st semester) Sept 15, 2013 and
 (2nd semester) January 30th, 2014

Duration: Flexible-(Can participate year round or ½ a year)

Commitment: 1 meeting per week for at least ½ of the year

Meeting Dates: Varies (most meetings occur between 4-6pm)

Meeting Location: Hampton Teen Center or Alternatives, Inc.

American Red Cross

Organization Description: The Red Cross is the nation's foremost volunteer emergency services organization. Our mission is to help prevent and relieve human suffering.

Position(s): **Volunteer**
Experience Type: Service
Career Cluster(s): Health Sciences

Duties & Responsibilities:

Age(s): 13-17 years old

Chaperon Req'd: No
Application Req'd: Yes (online)

Training: Volunteer orientation
 (2nd Wednesday of every month at 6pm)

Start Date: Ongoing *Duration:* Flexible

Time of Year: Year Round

Commitment: Not specific; however if during the summer (one shift a week for 4 hours)

Notes: General Volunteer-blood drives (registration & cantine), community fairs, at office work (answering phones, mailings)

Animal Aid Society

Organization Description: The Animal Aid Society is a "No-Kill" dog shelter. It is a nonprofit organization which receives no funding from state or federal agencies. All of the funds required to maintain the shelter and care for the dogs come from donations and special fund-raising events. Donations to the shelter are tax deductible.

Position(s): **Dog Walker**
Experience Type: Service
Career Cluster(s): Agriculture, Food & Natural Resource

Duties & Responsibilities: Walk dogs

Age(s): 17 and under

Chaperon Req'd: Yes

Application: Yes (online)

Training: No

Start Date: Ongoing *Duration:* Flexible

Time of Year: Year Round

Commitment: No

Notes: A "Dog Walking" form needs to be signed each time a chaperon accompanies a student 17 and under. At any given time, there are only three dog walkers permitted at one time.

Big Brothers Big Sisters

Organization Description: Big Brothers Big Sisters of the Greater Virginia Peninsula matches adult volunteers, high school students, or college students with children grades K-8. The High School Bigs Program pairs high-school youth with elementary school students. High school students meet with their mentees at the elementary school, during school hours.

Position(s): **High School Big (Mentor)**
Experience Type: Service
Career Cluster(s): Human Services; Education & Training

Duties & Responsibilities: Develop a relationship with the child while spend time together eating lunch, working on homework, playing games, or talking.

Age(s): Must be in high school (preferably Juniors and Seniors)

Chaperon Req'd: No

Application: Yes (references required)

Training: Yes

Start Date: September

Start Date: Varies

Time of Year: School Year

Commitment: One school year, up to one hour a week

Notes: Ability to earn volunteer hours toward graduation requirements

Boys & Girls Club of the Virginia Peninsula

Organization Description: To enable all young people, especially those who need us most, to realize their full potential as productive, caring, and responsible citizens.

Position(s): **Thrift Store Volunteers**
Experience Type: Service
Career Cluster(s): Marketing

Duties & Responsibilities: Assisting donors with donations and providing excellent customer service as well as assisting with maintaining a clean and well-stocked showroom and clean and organized receiving/processing room. Also, learn how to work the register along with staff at the front counter.

Age(s): 15 & up

Chaperon Req'd: No

Application: Background Consent Form

Training: Customer service, cashier, sort, price, and label items

Start Date: Ongoing *Duration:* Flexible

Time of Year: Year Round

Commitment: No commitment required

Notes: Boys & Girls Club Thrift Store locations:

Yorktown

4827 George Washington Memorial Hwy
 Yorktown, VA 23692

Newport News

12621 Warwick Blvd.
 Newport News, VA 23606

Hampton

1961 East Pembroke Ave.
 Hampton, VA 23663

Citizens Unity Commission

Organization Description: Promotes and sponsors activities and events that bring diverse citizens together. Diversity Education is available for all individuals, businesses, schools, etc. dealing with community and workplace.

Position(s): **Member**
Experience Type: Leadership (advisory)
Career Cluster(s): Government & Public Administration

Duties & Responsibilities: Promotes and sponsors activities and events that bring diverse citizens together. Diversity Education is available for all individuals, businesses, schools, etc. dealing with community and workplace.

Age(s): Must be in high school
Chaperon Req'd: No
Application: Yes *Training:* yes
Start Date: Set
Duration: Set
Time of Year: Year Round
Commitment: One full year (1 year commitment, renewable at year's end)

Meeting Dates: Call for more information
Meeting Location: City Hall

Girls, Inc.

Organization Description: Girls Inc. inspires all girls to be strong, smart, and bold through life-changing programs and experiences that help girls navigate gender, economic, and social barriers. Research-based curricula, delivered by trained, mentoring professionals in a positive all-girl environment equip girls to achieve academically; lead healthy and physically active lives; manage money; navigate media messages; and discover an interest in science, technology, engineering, and math. The network of local Girls Inc. non-profit organizations serves 125,000 girls ages 6 - 18 annually across the United States and Canada.

Position (s): **Youth Volunteer**
Experience Type: Service
Career Cluster(s): Human Services; Education & Training

Duties & Responsibilities: Assist with activities for youth participating in programs

Age (s): 16 and up

Chaperon Req'd: No

Application: yes (online) *Training:* yes

Start Date: Ongoing *Duration:* Flexible

Time of Year: Year Round

Commitment: Open

Hampton Community Development Department

Organization Description: The Community Development Department seeks to promote the health, safety, and welfare of our citizens, neighborhoods, and districts through orderly land use and development as well as the preservation of our historic and natural resources in an efficient and effective manner that contributes towards making Hampton the most livable city in Virginia.

Position(s): **Youth Planner**
Experience Type: Employment
Career Cluster(s): Government & Public Administration
Contact Person: -----

Duties & Responsibilities: Collect, organize & analyze a wide variety of data related to youth, including surveys, census data, focus groups, community forums, etc. Generate creative & practical solutions to problems. Utilize computers and Microsoft Office software. Effectively interact with youth & adults. Make regular presentations to the Planning Commission and City Council. Provide support to the Hampton Youth Commission, including but not limited to providing staff support to the committees of the Commission. Create, update and implement the Youth Component of the City of Hampton's Community Plan.

Hours: Negotiable
Age(s)/Grade: Must be a (rising Junior or Senior)
Application: Yes (Apply at www.hampton.gov)
Training: Yes
Start Date: July 1 (Spring recruitment)
Notes:

Hampton Health District

Organization Description: The Hampton Health Department (Virginia Department of Health) provides medical, environmental, and public health services to promote, protect, and preserve the health of the citizens of Hampton. Health care services are provided to residents on a sliding fee scale according to ability to pay and many services are provided free of charge.

Position(s): **Volunteer**
Experience Type: Service (administrative)
Career Cluster(s): Health Science

Duties & Responsibilities: Administrative (filing, pulling charts etc.)

Age(s): 14 and up

Chaperon Req'd: No

Application: Yes *Training:* Yes (HIPPA)
Start Date: Ongoing *Duration:* Flexible

Time of Year: Year Round (but varies depending on workload)

Commitment: Three (3) months or more (preferably)

Notes: Individuals who register online can receive alerts for other volunteer opportunities throughout the Virginia Department of Health.

Hampton History Museum

Organization Description: The Hampton History Museum is a local museum that interprets, collects and preserves Hampton's rich historical heritage. As a growing cultural organization, the Hampton History Museum offers many exciting opportunities for volunteers to become involved in its community outreach efforts. Among these are student tours, Saturday educational programs for young people, lecture series, holiday events, the Hunt for Hampton History, a garden to table program, and participating in community events as well as celebrations like Hampton Bay Days..

Position(s): Volunteer
Experience Type: Service
Career Cluster(s): Hospitality & Tourism

Duties & Responsibilities: Can include administrative work, registration, research, customer service, answering phone calls, assisting with gardening or educational programming, or helping with special events

Age(s): 12 and up (depending on activity)

Chaperon Req'd: No

Application: Yes (online) **Training:** Yes

Start Date: Ongoing

Time of Year: Year Round (depending activities)

Commitment): No minimum but volunteers are encouraged to become regular participants

Hampton-Newport News Community Builders Network

Organization Description:

Our mission is to promote positive youth development within the cities of Hampton and Newport News through youth-adult partnerships. The Community Builders Network (CBN) is a networking coalition of youth serving organizations committed to supporting healthy lifestyles for children, youth and families. We promote youth and adult partnerships, leadership development, and other training opportunities for the youth and the community. CBN is an organization that operates as a youth-adult partnership with youth participating fully as members and officers in the organization.

Position(s): Member or Officer
Experience Type: Leadership
Career Cluster(s): Human Services; Education & Training

Duties & Responsibilities: Members participate fully in all meetings

Age(s): Must be in middle school or high school

Chaperon Req'd: No

Application: Yes **Training:** Yes

Start Date: Ongoing

Duration: Set (Officer-2 year commitment)
 Flexible (Members)

Time of Year: Year Round

Commitment: None for members; two years for officers

Meeting Dates: Third Thursday of every month

Meeting Location: Contact for more information
Notes:

H-NN Community Builders Network con't

Experience: Summer Leadership Institute for Youth (SLIY)

Experience Type: Training (leadership)

Career Cluster(s): Human Services; Education & Training

Program Description:

The Community Builders Network's (CBN) Summer Leadership Institute for Youth (SLIY) is a four week summer program. The SLIY provides youth an opportunity to develop their leadership potential and workforce-readiness while contributing volunteer service to their communities.

Duties & Responsibilities: Member participate

Age(s): Must be in middle school

Application: Yes **Training:** Yes

Duration: Set

Time of Year: Summer

Commitment: Individuals accepted into the program must commit to the full program duration.

Notes: If funding is available a work experience component may also be included in programming that has a stipend attached for volunteer service completed.

Hampton Parks & Recreation

Organization Description: Hampton Parks & Recreation provides enriching experiences, beautiful environments and recreational activities for all ages and maintains parks, playgrounds and various other public spaces throughout the city including public beaches, parks, and community centers.

Position(s): Volunteer

Experience Type: Service

Career Cluster(s): Agriculture, Food & Natural Resource; Hospitality & Tourism; Human Service

Duties & Responsibilities: assist with programs, clean up, filing, administrative work, computer work

Age(s): 14 and up (may consider younger depending on the assignment)

Chaperon Req'd: No

Application: Yes **Training:** Yes

Start Date: Ongoing (varies) **Duration:** Flexible

Time of Year: Year Round

Commitment: None/Open

Hampton Police Teen Academy

Organization Description: The Hampton Police Department believes that employee commitment, innovative ideas and progressive strategies help keep residents safe and apprehend those who break the law. The division is fully accredited.

Position(s): **Teen Academy Participant**
Experience Type: Training
Career Cluster(s): Law, Public Safety, Corrections & Security

Program Description: This is a prestigious opportunity for those who have an interest in gaining knowledge about Law Enforcement, interested in improving community relations, and are of excellent moral character. This program includes activities and information on the following: crime scene investigation, SWAT Team, Virginia Courts, Homeland Security; criminal investigations; and K-9 Demonstrations.

Age(s): 14-17 years old
Chaperon Req'd: No
Application: Yes
Start Date: June 17, 2013-June 27, 2013
 Monday -Thursday, 8:30am-12:30am
Duration Set
Time of Year: Summer
Commitment: Full program period

Notes: Check with the Department for exact dates for each summer

Hampton Public Library

Organization Description: Each summer the Hampton Public Library has a Summer Reading Program which is designed to encourage children and youth to read throughout the summer to maintain and even increase their literacy skills. The Summer Reading Program provides programming and incentives to encourage young people to read.

Position(s): **Summer Reading Program Volunteer**
Experience Type: Service
Career Cluster(s): Human Services

Duties & Responsibilities: Volunteers are responsible for assisting library staff with summer programs and projects.

Age(s): 13-16 years old

Chaperon Req'd: No

Application: Yes *Training:* Yes

Start Date: Specific *Duration:* Set

Time of Year: Summer

Commitment: Varies

Hampton Public Library con't

Position(s): **Technology Volunteer**
Experience Type: Service
Career Cluster(s): Information Technology;
 Education & Training

Duties & Responsibilities: Volunteers are responsible for assisting library staff with summer programs and projects.

Age(s): 13-18 years old

Chaperon Req'd: No

Application: Yes *Training:* Yes

Start Date: Ongoing *Duration:* Set

Time of Year: Year Round

Commitment: Varies

Notes: Library staff will interview prospective volunteers to determine whether they would prefer group or one-on-one sessions and when they would like to teach. Staff will assist volunteers in the preparation of class materials

Hampton Public Library con't

Position(s): **Page**
Experience Type: Employment
Career Cluster(s): Information Technology

Duties & Responsibilities: Sorting and shelving library materials, emptying book bins, retrieving materials from storage, cleaning and restocking equipment, maintaining the orderly appearance of the library, and referring patrons to appropriate personnel for information.

Age(s): 16 and up

Application: Yes (Apply at www.hampton.gov)

Training: Yes

Start Date: Varies (check www.hampton.gov for openings)

Notes:

Hampton Teen Center

Organization Description: The Hampton Teen Center is a 35,000 square foot facility for teens ages 14 – 18 only. The Center is designed as a place teens can come and hang out and participate in the activities that interest them. Available activities include: video games (xbox 360, wii), arts and crafts, board games, billiards, ping pong, free wifi, laptops, basketball courts, athletic training, indoor track, cardio equipment, dance studio, recording studio, meeting spaces, cable TV in the lounges. Registration is free for Hampton residents.

Position(s): Youth Volunteer
Experience Type: Service
Career Cluster(s): Human Services

Duties & Responsibilities: Youth volunteers will work with the staff to help supervise activities at the Teen Center to include helping to plan events, room set up; provide snacks; support front desk operations or recording studio

Age(s): Must be in high school

Chaperone Req'd: No

Application: Yes **Training:** Yes
Start Date: Ongoing **Time of Year:** Year-Round
Commitment: Quarterly commitment preferred

Notes: Contact Allison Nelson for an application. Interview required; Once selected a mutually agreed upon schedule will be set up by calendric quarter (January-March, March-June, July-September, October-Decemeber)

Hampton Youth Commission

Organization Description: The Hampton Youth Commission's vision statement is "young people with the power and voice to shape the future of Hampton."

Position(s): Member and Officer
Group Type: Youth in Governance
Experience Type: Leadership (Shared Leadership)
Career Cluster(s): Government & Public Administration

Duties & Responsibilities (member): Be a representative of youth - talk with my peers and fellow commissioners about issues that are important to youth; actively recruit people to attend the public meetings; actively participate in all work sessions and public meetings - speak up, share my ideas and listen to others; work with my School to present information on HYC to at least school clubs; make presentations to organizations outside of school, as needed; serve on a standing committee - complete committee tasks and adhere to the committee's attendance policy

Age(s)/Grade: Must be in high school
Application: Yes **Training:** Yes
Start Date: Summer
Duration: Set (1 year commitment, renewable at year's end)
Time of Year: Year Round
Commitment: One full year
Meeting Dates: Mondays, 6pm-8pm (& otherwise as needed)
Meeting Location: City Hall

Notes: Recruitment occurs during the Spring. Members must commit to both a Boot Camp and an overnight Retreat both occurring during the summer.

Healthy Families' Parenting Education

Organization Description: The Healthy Families Partnership's Parent Education classes provide a supportive environment for parents and children to explore, play and learn together . . . and apart. Our parenting programs offer a wide variety of workshops and classes that focus on all stages of development – from prenatal to the often-challenging teenage years.

Position(s): **Volunteer**
Experience Type: Service
Career Cluster(s): Human Services; Education & Training

Duties & Responsibilities: Assist in providing care for children ages three to five years old; may also provide administrative support

Age(s): 14 and up (usually 10th graders and up)

Chaperon Req'd: No

Application: Yes *Training:* Yes
Start Date: Ongoing *Time of Year:* Year Round

Commitment: Must commit for the duration of the parenting class/program that is offered.

Notes: Can be turned into an internship if needed. Must submit to a background check. Parenting classes and programs can range from one-time events to four to six week commitments one evening a week.

Peninsula SPCA

Organization Description: The SPCA seeks to prevent animal cruelty through community outreach and education, and by finding permanent adoptive homes for animals.

Position(s): **Volunteer**
Experience Type: Service
Career Cluster(s): Agriculture, Food & Natural Resource

Duties & Responsibilities: Assists with feline with care, animal interaction, birthday parties, petting zoo, web photographers. Daily care duties include cleaning, feeding the animals, grooming, and animal interaction.

Age(s): Must be 16 years old or minimum of 13 years old with a legal guardian.

Chaperon Req'd: Yes, for youth 13-15 years old

Application: Yes

Training: Yes (general interest meeting & orientation-uniform included)

Start Date: Ongoing (see website for general interest meeting schedule)

Time of Year: Year Round

Commitment: Must commit at least 4 hours per month for 3 months.

Notes: Volunteer Fees*:
 \$25 fee for individuals
 \$20 fee for students & military
 \$35 fee parent and child team

*The fee is non-refundable and helps us offset the cost of the volunteer program It is also recommended that volunteers have an up-to-date tetanus vaccination, although it is not required.

Sentara CarePlex

Organization Description: Sentara CarePlex Hospital is a technologically advanced, acute care hospital, and Certified Primary Stroke Center located in Hampton, Va. The 224-bed hospital offers an eICU® to monitor patients even more closely with state-of-the-art equipment and computer software. Sentara CarePlex Hospital provides care through advanced surgical programs, emergency cardiac intervention and fellowship-trained physicians. It is also home to the Orthopaedic Hospital.

Position(s): Junior Volunteer
Experience Type: Service
Career Cluster(s): Health Science

Duties & Responsibilities: Can include assisting in the gift shop, the outpatient pharmacy, data entry, filing, clerical, distribute magazines to patients, filling water pitchers etc.

Age(s): 14-17 (must be 14 on or before June 1 of the current year and complete the 8th grade by end of June)

Chaperon Req'd: No

Application: Yes **Training:** Yes

Start Date: Summer

Time of Year: Recruitment is in March. Must complete summer first and then if completed satisfactorily volunteers can continue throughout the school year

Commitment: Must commit to six weeks during the summer, for once a week for a four hour shift.

Notes: Take applications beginning March 1st

Virginia Air & Space Museum

Organization Description: Located in [Hampton, Virginia](#), the birthplace of America's space program, the Virginia Air & Space Center features interactive aviation exhibits spanning 100 years of flight, more than 30 historic aircraft, a hands-on space gallery, unique space flight artifacts, and more! Your imagination will soar as you launch a rocket, pilot a space shuttle, program Mars rovers for a mission, become an air traffic controller, fly an airplane, and climb aboard a WWII bomber! Come face to face with the [Apollo 12 Command Module](#) that went to the moon, a Mars meteorite, a three-billion-year-old moon rock, a [DC-9 passenger jet](#), a replica [1903 Wright Flyer](#), and more!

Position(s): Youth Volunteer
Experience Type: Service
Career Cluster(s): Science, Technology, Engineering & Mathematics; Education & Training

Duties & Responsibilities: Youth volunteers are needed to serve as science camp assistants. The responsibilities of the Youth Volunteers who are assigned to a camp include helping with the daily camp set-ups, assisting the instructor by working with the individual campers throughout the day as needed, and assuring the accountability and safety of the individual campers in class, during lunch, and during all out-of-classroom activities. During the school year, youth volunteers have the opportunity to assist with children's activities on weekends for special events.

Age(s): 13 and up

Application: Yes (fill out and submit online)

Training: Yes

Start Date: Ongoing

Time of Year: Year Round (however, most intensive work is during summers)

Commitment: If beginning during summer must commit to a full

Virginia Cooperative Extension

Organization Description: The Cooperative Extension is your local connection to Virginia's land-grant universities, Virginia Tech and Virginia State University.

Through educational programs based on research and developed with input from local stakeholders, we help the people of Hampton improve their lives. We provide education through programs in Agriculture and Natural Resources, Family and Consumer Sciences, 4-H Youth Development, and Community Viability.

Position(s): 4-H Camp Teen Counselor
Experience Type: Service
Career Cluster(s): Human Services; Agriculture, Food & Natural Resource; Education & Training

Duties & Responsibilities: Assist campers in planning and conducting team activities; assist in supervising campers in the cabins and during classes, fun-shops, evening programs, and meals. Assist camp staff with classes such as archery, canoeing, crafts, marine science, etc. Teen leaders work under the supervision of Virginia Cooperative Extension staff and adult volunteers. Serving as a volunteer 4-H Teen Counselor is a great opportunity for teens to acquire leadership skills and volunteer hours for school.

Age(s):

Chaperon Req'd: No

Application: Yes **Training:** Yes

Start Date: Specific **Duration:** Set

Time of Year: Summer

Commitment:

Notes: Interview required.

Virginia Living Museum

Organization Description: View endangered red wolves. Get up close to a loggerhead turtle and moon jellies. See fish with no eyes and frogs that change colors. Touch live spider crabs and fossilized dinosaur tracks. It's all at the Virginia Living Museum, Newport News, where living exhibits depict Virginia's natural heritage from the mountains to the sea. The Museum introduces visitors to more than 250 living species native to Virginia through exhibits, discovery centers and interactive hands-on exhibits.

Position(s): Junior Volunteer
Experience Type: Volunteer
Career Cluster(s): Agriculture, Food & Natural Resource; Education & Training; Hospitality & Tourism; Science, Technology, Engineering & Mathematics

Duties & Responsibilities: Promote conservation by teaching the beauty and uniqueness of Virginia's many habitats

Age(s): 15 to 18 (ages 11-14 are eligible for Family Volunteering)

Chaperon Req'd: Yes (for youth under 11-14 years of age)

Application: Yes (online) APPLY BY May 1 for summer camps

Training: Yes **Start Date:** Ongoing

Time of Year: Year Round

Commitment: one regularly scheduled shift (usually four hours) per week for a minimum of 3 months. Alternate schedules can be arranged if available.

Notes: Parental permission required for all volunteers under 18 years of age. Volunteer placement is subject to a successful interview, reference check and official position offer and space availability. Applications for junior volunteers are accepted year-round. Apply by May 1 for best opportunities for summer positions. Animal Aid Club is available for younger children (Contact Development Office for more information).

Y. H. Thomas Community Center

Organization Description: Y.H. Thomas Neighborhood Center addresses educational, cultural, and recreational needs of the Old North Hampton Community and surrounding areas. Programming and center operations are possible with the support of volunteers and community partners that develop and staff programs.

Position(s): After School Volunteer & Summer Volunteer

Experience Type: Service

Career Cluster(s): Human Service; Education & Training; Hospitality & Tourism

Duties & Responsibilities: Can include, but is not limited to assisting with recreation activities, meal distribution, computer lab instruction, tutoring, and computer lab monitoring.

Age(s): 15 and older

Chaperon Req'd: No

Application: Yes **Training:** On-the-job

Start Date: Ongoing **Duration:** Flexible

Time of Year: Year Round

Notes: Interview required. There are also special event opportunities such as "Trunk or Treat," Thanksgiving dinner, Hope for the Holidays in December (e.g. help to shop for families, wrapping gifts, etc.). Staff is also open to youth with other ideas to contribute which can include offering their own skills and talents as enrichment activity to youth.

Organization Directory

Organization: Alternatives, Inc.

Contact : Ally Graul

Email: agraul@altinc.org

Phone: 757-838-2330

Address: 2021B Cunningham Drive, Suite 5
Hampton, VA 23666

Website: www.altinc.org

Organization: American Red Cross

Contact : Emily Dwyer, Volunteer Coordinator

Email: Emily.dwyer@redcross.org

Phone: 757-838-7320

Address: 1323 W. Pembroke Avenue
Hampton, VA 23661



Organization: Animal Aid Society

Contact : Sam Kay, Volunteer Coordinator

Email : volunteer-coord@animalaid-va.org

Phone: 757-865-0511

Address: 80 Butler Farm Road, Hampton, VA 23666

Website: www.animalaid-va.org

Hours: 9am-12pm daily



Organization: Arc of the Virginia Peninsula

Phone: 757-896-6461

Address: 2520 58th Street
Hampton, VA 23661

Website: <http://arcvap.org>



Organization: Big Brothers Big Sisters of the Greater Virginia Peninsula

Contact: Michelle Hollins, Peninsula Program Manager
Darlene Ingram, Peninsula Program Coordinator

Email: michelle.hollins@bbbsgw.org
Darlene.ingram@bbbsgw.org

Phone: 757-369-6824, Michelle Hollins
757-369-6823, Darlene Ingram

Address: South Morrison Family Education Center,
746 Adams Drive, Room 10
Newport News, VA 23601

Website: www.bigs4kids.org

**Organization: Boys & Girls Club of the Virginia Peninsula**

Contact: Chanda Bowie

Email Address: cbowie@bagclub.com

Phone: 757-223-7204

Address: 11825 Rock Landing Drive
Newport News, VA 23606

Website: www.bagclub.com

**Organization: Citizens Unity Commission**

Contact: Michelle Woods-Jones

Email: mjones@hampton.gov

Phone: 757-728-3279

Address: 22 Lincoln Street
Hampton, VA 23669

Website: <http://www.hampton.gov/index.aspx?NID=924>

Organization: Foodbank of the Virginia Peninsula

Contact: Maria Quigley

Email: mquigley@hrfoodbank.org

Phone: 757-596-7188

Address: 2401 Aluminum Avenue
Hampton, VA 23661

Website: www.hrfoodbank.org

Organization: Girls, Inc.

Volunteer Contact : Shayna Whitley

Training Contact: Atiya Ravens

Email : shayna.whitley@gmail.com;
atiya.ravens@gmail.com

Phone: 757-244-0717

Address: Various

Website: <http://girlsincofgreaterpen.com>

Hours: 2pm-6pm

**Organization: Hampton Clean City Commission**

Contact : Debbie Blanton

Email : hccc@hampton.gov

Phone: 727-1199

Address: 1296 Thomas Street
Hampton, VA 23669

Website: www.hampton.gov/hccc

**Organization: Hampton Community Development Department-City of Hampton**

Phone: 757-727-6140

Address: 22 Lincoln Street, Hampton, VA 23669

Website: <http://www.hampton.gov/cdd/>

Contact for Opportunities with the Hampton Youth Commission or to become a Youth Planner.

Organization: Hampton Health District

(Virginia Department of Health)

Contact: Robin Williford & Lesley DeVries

Email: robin.williford@vdh.virginia.gov or

lesley.devries@vdh.virginia.gov

Phone: 757-315-3781

Address: 3130 Victoria Blvd.
Hampton, VA 23661

Website: <http://www.vdh.state.va.us/LHD/Hampton/>



Organization: Hampton History Museum**Contact:** Donna Dodenhoff**Email:** ddodenhoff@hampton.gov**Phone:** 757-727-6854**Address:** 120 Old Hampton Lane
Hampton, VA 23669**Website:** http://www.hampton.gov/history_museum/**Organization: Hampton-Newport News Community Builders Network****Contact:** Antone Green**Email:** cbnpartnership@gmail.com or
antonehl@yahoo.com**Phone:** 757-504-6252 or 838-2330**Address:** 2021B Cunningham Drive Suite 5
Hampton, VA 23666**Organization: Hampton Parks and Recreation****Contact :** Cynthia Yuille**Email :** cyuille@hampton.gov**Phone:** 757-727-1603**Address:** varies

(community centers, Blue Bird Gap Farm etc.)

Website: <http://www.hampton.gov/index.aspx?NID=1187>**Organization: Hampton Police Department****Contact :** Community Relations Unit**Phone:** 757-727-6574**Address:** 40 Lincoln Street
Hampton, VA 23669**Organization: Hampton Public Library****Summer Reading Contact:** Children's Desk**Technology Contact:** Rita Scrivener**Phone:** 757-727-1157**Tech Phone:** 757-727-1312 or rscrivener@hampton.gov**Address:** 4207 Victoria Blvd, Hampton, VA 23669**Website:** www.hamptonpubliclibrary.org**Organization: Hampton Teen Center****Contact:** Allison Nelson**Email :** anelson@hampton.gov**Phone:** 757-727-2703**Address:** 300 Butler Farm Road
Hampton, VA 23666**Organization: Healthy Families' Parenting Education- City of Hampton****Contact :** Chenequa Moulds**Email :** cmoulds@hampton.gov**Phone:** 757-3000 ext. 1**Address:** 100 Old Hampton Lane
Hampton, VA 23669**Website:** <http://www.hampton.gov/yef/hfp/>**Organization: H.E.L.P. (Hampton Roads Ecumenical Lodgings & Provisions, Inc.)****Contact:****Email:****Phone:** 757-727-2577**Address:** 1320 LaSalle Avenue
Hampton, VA 23669**Website:** www.helpushelpu.org

Organization: LINK of Hampton Roads
Phone: 595-1953
Address: 10413 Warwick Blvd.
 Newport News, VA 23601



Organization: Peninsula SPCA
Contact: Darcy Morel
Email: darcy@peninsulaspca.org
Phone: 595-1399 ext. 110
Address: 523 J. Clyde Morris
 Newport News, VA 23606

Organization: Salvation Army
Contact: Jim Colston, Volunteer Coordinator
Email: jim_colston@uss.salvatrionarmy.org
Phone: 838-4875 ext. 104
Address: 1033 Big Bethel Road
 Hampton, VA 23666
Website: www.virginiasalvationarmy.org

Organization: Sentara CarePlex
Contact: Debbie Linkous, Volunteer Coordinator
Email: dblincou@sentara.com
Phone: 757-827-2439
Address: 3000 Coliseum Dr.
 Hampton, VA 23666
Website: www.sentara.com
Hours: M-F (am or pm shift)



Organization: Virginia Air & Space Center
Contact: Swee Hart, Education Program Analyst,
 ERC Coordinator, Volunteer Coordinator

Email: shart@vasc.org
Phone: 727-0900 ext. 759
Address: 600 Settlers Landing Road
 Hampton, VA 23669
Website: www.vasc.org



Organization: Virginia Cooperative Extension
Contact: Karen Baker
Phone: 757-727-1401
Address: 1919 Commerce Drive, Suite 340
 Hampton, VA 23666

Website: <http://offices.ext.vt.edu/hampton/index.html>



Organization: Virginia Living Museum
Contact: Volunteer Services
Email: volunteer@thevlm.org
Phone: 757-534-7472
Address: 524 J. Clyde Morris Blvd.
 Newport News, VA 23601
Website: <http://www.thevlm.org>



Organization: Y. H. Thomas Community Center
Contact: Synethia White
Phone: 757-727-1200
Address: 1300 Thomas Street
 Hampton, VA 23669
Website: ythomas.org



Organization: Youth Career Café
Phone: 757-249-2104
Address: Patrick Henry Mall
 12300 Jefferson Avenue
 Newport News, VA 23602



Organization: (Hampton Family) YMCA
Phone: 757-722-9044
Address: 1322 LaSalle Avenue
 Hampton, VA 23669
Website: www.peninsulaymca.org



Other Avenues for Community Engagement

There are many other ways to become engaged in your community which at times can require as little as showing support for a cause. Some of these include:

- Donate Blood
- Volunteer during Special Events
- Organize a Food Drive
- Organize a Clothing Drive
- Participate in a 5K Walk/Run
- Fundraiser and/or participate in large-scale community projects (i.e. Relay for Life, Heart Walk etc.)
- Donate money
- Attend awareness events for causes about which you feel passionate (i.e. candlelight vigils for domestic violence victims, information sessions on child abuse etc.)

Faith Community

In addition, most churches have a number of ways that you can contribute. Ask for ways to volunteer at your church or one in your neighborhood. Many churches have lunch and dinner programs for those in need. They also have as many other outreach ministries.

Information of Youth & Community Service

For ideas about other ways to serve your community and information on grants that can fund your service, check out:

Youth Service America
www.ysa.org

Corporation for National & Community Service
www.nationalservice.gov

School Service Opportunities

Don't forget one of the first places that you can go for service, leadership and work experience opportunities is your school. Below is a sample of many ways that you can become exposed.

Service & Leadership Opportunities

Key Club

Keyettes

National Honor Society

Student Council Association (Leadership)

Class Officer (Freshman, Sophomore, Junior, Senior (Leadership)

Principal's Advisory Groups

Superintendent's Advisory Group (Leadership)

Check your school for a full list of other service and leadership opportunities.

School Career Pathway Opportunities

Remember that your school also has opportunities to explore career pathways. Below are a sample of clubs and extracurricular activities and the career cluster to which they associated.

Art Club-Arts, A/V Technology & Communications

CHROME-Science, Technology, Engineering & Mathematics

Construction Club-Architecture & Construction

DECA-Business Management & Administration, Finance, Hospitality & Tourism; Marketing

Family, Career, Community (FCCLA)-Human Services

Future Business Leaders of America (FBLA)-Business Management & Administration

Future Educators-Education & Training

Health Occupations Student Association (HOSA)-Health Science

Model UN-Government & Public Administration

ROTC-Law, Public Safety, Corrections & Security

School Newspaper-Arts, A/V Technology & Communications

Yearbook-Arts, A/V Technology & Communications

Youth in Government-Government & Public Administration

Check your school for a full list of club opportunities.

Youth Civic Engagement
Youth, Education & Family Services
100 Old Hampton Lane
Hampton, VA 23669

Phone: 757-727-2712
Fax: 757-727-1823
E-mail: jjackson@hampton.gov

