

# **Mayor's Committee for People with Disabilities**

## **Local and State Resources**

### **The Arc of the Virginia Peninsula**

2520 58<sup>th</sup> St., Hampton, VA. 23661 --- 896-6461

[www.arcvap.org](http://www.arcvap.org)

The Arc of the Virginia Peninsula, Inc, has been serving individuals with developmental and other disabilities for more than 60 years. The Arc has grown tremendously through the years to meet the changing needs of individuals with disabilities and their families.

The Arc currently serves more than 1,000 individuals with developmental disabilities annually in employment, community living, day support and early childhood programs.

Our service area includes Hampton, Newport news, Poquoson, and York County, as well as ten counties on the middle peninsula and Northern neck. Services range from coordinating developmental therapies for children to help elderly caregivers plan for the future of their aging children with disabilities

### **Brain Injury: Department of Rehabilitative Services (DRS)**

[www.vadrs.org](http://www.vadrs.org)

The DRS administers programs which offer a broad range of services to individuals with brain injuries to enhance their opportunities. Services include employment opportunities: Public Events, Community based services and Assistive Technology Services. Collaborates with the public and private sectors to provide and advocate for the highest quality of services that empower individuals with disabilities to maximize their employment, independence and full inclusion into society.

### **CENTERS FOR INDEPENDENT LIVING**

Centers for Independent living are non-residential places of action and coalition, where persons with disabilities learn empowerment and develop the skills necessary to make lifestyle choices. Centers provide services and advocacy to promote the leadership, independence and productivity of people with disabilities

There are 16 Centers in Virginia – including, of course, Hampton at  
2021-B Cunningham Drive- 23666— 827-0275

## **Commonwealth Autism Service**

Our goal is to provide leadership in the implementation of a statewide system of services to maximize the potential and quality of life of each Virginian with Autism across their lifespan.

Commonwealth Autism Service (CAS) is pleased to be a major portal for this information in the Commonwealth of Virginia and does so in partnership with the lead State agency for Autism, the Department of Behavioral Health and Developmental Services (DBHDS)---[www.autisnva.org](http://www.autisnva.org)

Commonwealth Autism Services is partially funded by the Virginia Legislature to carry out activities in four major goal areas---providing support to families and professionals, developing regional networks, providing technical assistance, and

## **Department for the Blind and Visually Impaired**

Raymond E. Hopkins, Commissioner

397 Azalea Ave Richmond, VA 23227-3623

Toll free (within Virginia)1-800-622-2155(voice TTY) or (804)371-3140(voice/TTY)

The mission of the department for the blind and Visually Impaired is to empower blind, visually impaired and deafblind individuals to achieve their maximum level of employment, education, and personal independence.

[www.vdbvi.org](http://www.vdbvi.org)

## **Dream Catchers Therapeutic Riding Center**

10120 Fire Tower Rd, Toano, VA 23168

Dedicated to providing professional equine-assisted therapy to special needs individuals in a caring and safe environment. A NARHA Premier Accredited Center.

871-8267// 566-1775

<http://www.dreamcatcherswilliamsburg.org>

## **EASTER SEALS OF VIRGINIA**

8003 Franklin Farms Rd, Richmond, VA 23229

804-287-1007

Easter seals UCP are lifelong partners to people managing disability and mental health challenges. Services are centered around a person's individual needs to live, learn and participate fully in his or her community

## **EGGLESTON SERVICES**

**757-858-8011//757-321-6874**

Since 1955, Eggleston has helped find more and better ways to help people with disabilities lead fuller, richer lives. We find and create opportunities for individuals to make the most of their abilities, contribute to society and enjoy the satisfaction of working and earning their own living, thru Job Training, Learning and recreation, Independent living and service to the community

[www.egglestonservices.org](http://www.egglestonservices.org)

## **MUSCULAR DYSTROPHY ASSOCIATION**

MDA'S 200 local offices services over 200 locations in the United States through a vast program of clinics, support groups, summer camps, equipment loans and much more.

To register with the MDA, if you have a neuro-muscular disease, to make a clinic appointment and find out more information about other services for people and families affected by a neuromuscular disease, please contact

HEALTH CARE SERVICES COORDINATOR

Bonnie Dozier- 757-420-3172

[bdozier@mdausa.org](mailto:bdozier@mdausa.org)

## **NATIONAL ASSOCIATION FOR DOWN SYNDROME**

National Association for Down Syndrome Congress

[HTTP://WWW,NDSCCENTER.ORG](http://www.ndsccenter.org)

National Down Syndrome Society

800-221-4602

<http://www.ndss.org>

### **VIRGINIA BOARD FOR PEOPLE WITH DISABILITIES**

1100 BANK St- 7<sup>th</sup> floor

Richmond, VA 23219

804-786-9380

[VABOARD.org](http://VABOARD.org)

Mission Statement to enrich the lives of Virginians with disabilities by providing a VOICE for their concerns.

Vision of communities that welcome people with disabilities

Outreach to individuals, families, and advocates

Innovation through grant proposals and sponsored programs

Collaboration with providers of disabilities services

Education of policymakers on disability issues.

### **VIRGINIA DEPARTMENT FOR THE DEAF AND HARD OF HEARING**

Commonwealth of Virginia

1602 Rolling Hills Dr. Richmond, VA 23229-5012

1-800-552-7917 (voice/TTY)

### **VIRGINIA DEPARTMENT OF REHABILITATIVE SERVICES**

8004 Franklin Farms Drive-Richmond, VA 23229

State Coordinator- Mary Nunnally

[Mary.Nunnally@drs.virginia.gov](mailto:Mary.Nunnally@drs.virginia.gov)

Rehabilitation Counselors and Staff working with persons who are deaf and hard of hearing.

(800)552-5019 (voice) or (800)-46409950 (TTY)

The Deaf and hard of Hearing program provides comprehensive community-

Based vocational rehabilitation services through specialized counselors who are fluid in sign language.

Program staff provides community education and technical assistance involved with job training, job placement and employment of persons who are deaf or hard of hearing.

KEEP IN MIND THAT YOU CAN ALWAYS GET ANSWERS AND GET CONNECTED AT Virginia 2-1-1—an easy phone number to remember to connect you to free information on available community services. When you dial 2-1-1. A trained professional listens to your situation and suggests sources of help using one of the largest data bases of health and human services in Virginia.