

SUN	MON	TUE	WED 1	THU 2	FRI 3	SAT 4
			Mayor's Ride May 2 @ 6.00pm from City Hall to begin Bike Month!			Bike to the first Farmers Market!  Bike to the Downtown Hampton Block Party.
5	6	7	8	9	10	11
 Assemble a team to play in <b>Words on Wheels</b> (May 5th from 1.00pm-3.00pm). #bikewalkhampton			Bike to School Day #bikewalkhampton 		Last day to pre-register for <b>Tour de Fort</b> #bikewalkhampton #tourdefort	Bike to the Buckroe Beach Farmers Market!  Bike to the Downtown Hampton Block Party.
12	13	14	15	16	17	18
 Take a ride (or walk) with mom and tag us in your photo. #bikewalkhampton #bikeridewithmom	Tag us in your photos this week!  <b>NATIONAL BIKE TO WORK WEEK</b>				Bike to Work Day 	Bike to the Buckroe Beach Farmers Market!  Bike to the Downtown Hampton Block Party.
19	20	21	22	23	24	25
 Bring your friends and join <b>Tour de Fort</b> beginning at 2.00pm on May 19th. #bikewalkhampton #tourdefort		 Attend the <b>Bicycle &amp; Pedestrian Advisory Committee</b> to learn more about cycling in Hampton! #bikewalkhampton				Bike to the Buckroe Beach Farmers Market!  Bike to the Downtown Hampton Block Party.
26	27	28	29	30	31	
Bike to the first Groovin' by the Bay at Buckroe Beach. <i>*No regular Sunday Cruise due to holiday weekend.</i>	 Happy Memorial Day!					

# MAY IS BIKE MONTH

## Thursday, MAY 2nd . MAYOR'S RIDE . 6.00pm

Be involved in government today! It will be fun! Go for a bike ride with the mayor. This casual ride will start at City Hall and be about 5(ish) miles/45(ish) minutes around Downtown, with a format similar to the Sunday Cruise rides.

## Sunday, MAY 5th . WORDS ON WHEELS . 1.00pm to 3.00pm

Join us to collect letters in Downtown Hampton, Phoebus, and Fort Monroe! This self-paced bike ride event will start and end at Sly Clyde Ciderworks. After teams collect letters from participating businesses, teams return to play words on over-sized boards to see who can build a word with the highest point value. This event is a great way to peek into some new businesses, bike casually, and play a classic board game.

## Wednesday, MAY 8th. BIKE-TO-SCHOOL DAY

It's national bike to school day. Gather some friends, make the ride, and send us photos!

## MAY 13th to MAY 17th . BIKE-TO-WORK WEEK

It's national bike to work week. If you make the trek, send us some photos! Friday the 17th is official bike-to-work day.

## Sunday, MAY 19th . TOUR de FORT . 2.00pm to 5:00pm

Join us at Fort Monroe for the third annual (!!) Tour de Fort. Five different rides offer something for every skill and desire and will lead you through Fort Monroe, Phoebus, and Buckroe. End at Oozlefinch Craft Brewery for a celebratory drink, food, music, and camaraderie. Pre-register by May 10th for an event keepsake (search Eventbrite for Tour de Fort or go to [www.hampton.gov/bikewalk](http://www.hampton.gov/bikewalk)).

All events are free and open to the public. Please note that Hampton City Code requires helmets for those under 14 years of age. All ages are encouraged to wear a helmet.

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