

## Program Guide

Time	05/22/2017	05/23/2017	05/24/2017	05/25/2017	05/26/2017	05/27/2017	05/28/2017
06:00:00 AM	<b>Jazz Cardio</b> Episode 2 29 minutes	<b>Jazz Cardio</b> Episode 20 28 minutes	<b>Jazz Cardio</b> Episode 21 28 minutes	<b>Jazz Cardio</b> Episode 22 28 minutes	<b>Jazz Cardio</b> Episode 23 28 minutes	<b>jazz Cardio</b> Episode 24 28 minutes	<b>Jazz Cardio</b> episode 25 28 minutes
07:00:00 AM	<b>Fit for Duty</b> Operation Excessive Force 23 minutes	<b>Fit for Duty</b> Operation Heavy or Not 24 minutes	<b>Fit for Duty</b> Operation Hold for Effect 24 minutes	<b>Fit for Duty</b> Operation Pushing for Power 23 minutes	<b>Fit for Duty</b> Operation Rapid Response 22 minutes	<b>Fit for Duty EXTREME</b> 27 minutes	<b>Fit for Duty EXTREME</b> 23 minutes
07:30:00 AM	<b>Sit and Be Fit</b> Episode 18 26 minutes	<b>Sit and Be Fit</b> Episode 19 27 minutes	<b>Sit and Be Fit</b> Episode 20 29 minutes	<b>Sit and Be Fit</b> Episode 21 28 minutes	<b>Sit and Be Fit</b> Episode 22 28 minutes	<b>Sit and Be Fit</b> Episode 23 28 minutes	<b>Sit and Be Fit</b> Episode 24 28 minutes
08:00:00 AM	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute
	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes
	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes
08:30:00 AM	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes
	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes
09:00:00 AM							







<b>Shining Stars Alumni Series</b> Kevin Yeargin 2 minutes	<b>Shining Stars Alumni Series</b> Margot Lee Shetterly 7 minutes	<b>Shining Stars Alumni Series</b> Margot Lee Shetterly 7 minutes	<b>Shining Stars Alumni Series</b> Kevin Yeargin 2 minutes	<b>Shining Stars Alumni Series</b> Kevin Yeargin 2 minutes	<b>Shining Stars Alumni Series</b> Kevin Yeargin 2 minutes	<b>Shining Stars Alumni Series</b> Kevin Yeargin 2 minutes
<b>Shining Stars Alumni Series</b> Margot Lee Shetterly 7 minutes	<b>Shining Stars Alumni Series</b> Leonard Sledge 2 minutes	<b>Shining Stars Alumni Series</b> Leonard Sledge 2 minutes	<b>Shining Stars Alumni Series</b> Margot Lee Shetterly 7 minutes	<b>Shining Stars Alumni Series</b> Margot Lee Shetterly 7 minutes	<b>Shining Stars Alumni Series</b> Margot Lee Shetterly 7 minutes	<b>Shining Stars Alumni Series</b> Margot Lee Shetterly 7 minutes
<b>Shining Stars Alumni Series</b> Leonard Sledge 2 minutes	<b>Shining Stars Alumni Series</b> Mary Burcham Bunting 3 minutes	<b>Shining Stars Alumni Series</b> Mary Burcham Bunting 3 minutes	<b>Shining Stars Alumni Series</b> Leonard Sledge 2 minutes	<b>Shining Stars Alumni Series</b> Leonard Sledge 2 minutes	<b>Shining Stars Alumni Series</b> Leonard Sledge 2 minutes	<b>Shining Stars Alumni Series</b> Leonard Sledge 2 minutes
<b>Shining Stars Alumni Series</b> Mary Burcham Bunting 3 minutes	<b>Shining Stars Alumni Series</b> Ramona Gray Amaro 3 minutes	<b>Shining Stars Alumni Series</b> Ramona Gray Amaro 3 minutes	<b>Shining Stars Alumni Series</b> Mary Burcham Bunting 3 minutes	<b>Shining Stars Alumni Series</b> Mary Burcham Bunting 3 minutes	<b>Shining Stars Alumni Series</b> Mary Burcham Bunting 3 minutes	<b>Shining Stars Alumni Series</b> Mary Burcham Bunting 3 minutes
<b>Shining Stars Alumni Series</b> Ramona Gray Amaro 3 minutes			<b>Shining Stars Alumni Series</b> Ramona Gray Amaro 3 minutes	<b>Shining Stars Alumni Series</b> Ramona Gray Amaro 3 minutes	<b>Shining Stars Alumni Series</b> Ramona Gray Amaro 3 minutes	<b>Shining Stars Alumni Series</b> Ramona Gray Amaro 3 minutes

05:30:00 PM

<b>Shining Stars Alumni Series</b> Christopher Hutton 2 minutes	<b>Shining Stars Alumni Series</b> Christopher Hutton 2 minutes	<b>Shining Stars Alumni Series</b> Christopher Hutton 2 minutes	<b>Shining Stars Alumni Series</b> Christopher Hutton 2 minutes	<b>Shining Stars Alumni Series</b> Christopher Hutton 2 minutes	<b>Shining Stars Alumni Series</b> Christopher Hutton 2 minutes	<b>Shining Stars Alumni Series</b> Christopher Hutton 2 minutes
<b>Shining Stars Alumni Series</b> Shaun Gayle 2 minutes	<b>Shining Stars Alumni Series</b> Shaun Gayle 2 minutes	<b>Shining Stars Alumni Series</b> Shaun Gayle 2 minutes	<b>Shining Stars Alumni Series</b> Shaun Gayle 2 minutes	<b>Shining Stars Alumni Series</b> Shaun Gayle 2 minutes	<b>Shining Stars Alumni Series</b> Shaun Gayle 2 minutes	<b>Shining Stars Alumni Series</b> Shaun Gayle 2 minutes
<b>Shining Stars Alumni Series</b> Christina Parrish 2 minutes	<b>Hampton Promo</b> Full Speed Ahead 3 minutes	<b>Hampton Promo</b> Full Speed Ahead 3 minutes	<b>Shining Stars Alumni Series</b> Christina Parrish 2 minutes	<b>Shining Stars Alumni Series</b> Christina Parrish 2 minutes	<b>Shining Stars Alumni Series</b> Christina Parrish 2 minutes	<b>Shining Stars Alumni Series</b> Christina Parrish 2 minutes
<b>Hampton Promo</b> Full Speed Ahead 3 minutes	<b>Katherine Johnson</b> Hidden Figures 4 minutes	<b>Katherine Johnson</b> Hidden Figures 4 minutes	<b>Hampton Promo</b> Full Speed Ahead 3 minutes	<b>Hampton Promo</b> Full Speed Ahead 3 minutes	<b>Hampton Promo</b> Full Speed Ahead 3 minutes	<b>Hampton Promo</b> Full Speed Ahead 3 minutes

	<b>Katherine Johnson</b> Hidden Figures 4 minutes	<b>ID</b> 12 seconds	<b>ID</b> 12 seconds	<b>Katherine Johnson</b> Hidden Figures 4 minutes	<b>Katherine Johnson</b> Hidden Figures 4 minutes	<b>Katherine Johnson</b> Hidden Figures 4 minutes	<b>Katherine Johnson</b> Hidden Figures 4 minutes
	<b>ID</b> 12 seconds			<b>ID</b> 12 seconds	<b>ID</b> 12 seconds	<b>ID</b> 12 seconds	<b>ID</b> 12 seconds
06:00:00 PM	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute	<b>Hampton Currents</b> Week of May 22, 2017 1 minute
	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes	<b>Round Robin</b> Blackbeard's Crew 16 minutes
	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes	<b>Round Robin</b> Phoebus Auction Gallery 27 minutes
06:30:00 PM	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes	<b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes
	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes	<b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes
07:00:00 PM	<b>Round Robin</b> National Physical Fitness Month 15 minutes	<b>Round Robin</b> National Physical Fitness Month 15 minutes	<b>Round Robin</b> National Physical Fitness Month 15 minutes	<b>Round Robin</b> National Physical Fitness Month 15 minutes	<b>Round Robin</b> National Physical Fitness Month 15 minutes	<b>Round Robin</b> National Physical Fitness Month 15 minutes	<b>Round Robin</b> National Physical Fitness Month 15 minutes
08:00:00 PM	<b>Fuzion Fitness</b> Episode 25 26 minutes	<b>Fuzion Fitness</b> Episode 26 26 minutes	<b>Fuzion Fitness</b> Episode 39 27 minutes	<b>Fuzion Fitness</b> Episode 7 27 minutes	<b>Fuzion Fitness</b> Episode 8 27 minutes	<b>Fuzion Fitness</b> Episode 9 28 minutes	<b>Fuzion Fitness</b> Episode 30 25 minutes
09:00:00 PM	<b>History of Hampton</b> Chamberlin 3 minutes	<b>History of Hampton</b> Mary Christian 2 minutes	<b>ID</b> 13 seconds	<b>ID</b> 13 seconds	<b>ID</b> 12 seconds	<b>ID</b> 14 seconds	<b>ID</b> 14 seconds
			<b>Police Tribute</b> Why I Wear The	<b>Friends in Discovery</b>	<b>History of Hampton</b>	<b>Jamestown</b> Legacy	<b>History of Hampton</b>

**History of Hampton**  
Fort Wool  
3 minutes

**History of Hampton**  
Hampton Coliseum  
3 minutes

**History of Hampton**  
Mary Christian  
2 minutes

**History of Hampton**  
Hampton Crabbers  
1 minute

**History of Hampton**  
HRBT  
2 minutes

**History of Hampton**  
Fullers  
1 minute

**History of Hampton**  
Cumming WW2  
1 minute

**History of Hampton**  
Hampton YMCA  
2 minutes

**History of Hampton**  
American Theatre  
1 minute

**History of Hampton**  
Arts Center  
3 minutes

**History of Hampton**  
Jazz Festival  
1 minute

**History of Hampton**  
Buckroe Carousel  
1 minute

**History of Hampton**  
Lillian Epps Johnson  
3 minutes

**History of Hampton**  
Hampton's Live Music  
2 minutes

**History of Hampton**  
Providing Oil in Tough Times  
2 minutes

**History of Hampton**  
Contraband Movement to Old Hampton  
1 minute

**History of Hampton**  
Golf Course History  
3 minutes

**History of Hampton**  
Oystering Along The Waterfront  
1 minute

**History of Hampton**  
Phoebus Days  
2 minutes

**History of Hampton**  
Hampton's Live Music  
2 minutes

**History of Hampton**  
Boo Williams  
1 minute

**History of Hampton**  
Smith

Badge  
2 minutes

**Vasculitis Foundation**  
"Tribute"  
30 seconds

**Washington Redskins**  
Tackle Youth Violence  
4 minutes

**Partners in Protecting Our Wetlands**  
23 minutes

43 minutes

Boo Williams  
1 minute

**History of Hampton**  
Drummond  
1 minute

**History of Hampton**  
WWII Edwin Horton  
2 minutes

**History of Hampton**  
Buckroe Carousel  
1 minute

**History of Hampton**  
Volunteer Fire Department  
2 minutes

**History of Hampton**  
Billy Mitchell Trials  
2 minutes

**History of Hampton**  
Patrick's Hardware  
2 minutes

**History of Hampton**  
Graham & Rollins Seafood  
2 minutes

**History of Hampton**  
Hampton's Live Music  
2 minutes

**History of Hampton**  
Lillian Epps Johnson  
3 minutes

**History of Hampton**  
Phoebus Days  
2 minutes

9 minutes

**Jamestown**  
The English  
6 minutes

**Jamestown**  
The Powhatan Indians  
8 minutes

**Jamestown**  
The West Central Africans  
7 minutes

Jewish Community  
2 minutes

**History of Hampton**  
Hampton Waterfront  
3 minutes

**History of Hampton**  
Virginia Duals  
3 minutes

**History of Hampton**  
Virginia National Guard  
2 minutes

**History of Hampton**  
Crash of Roma  
2 minutes

**History of Hampton**  
Burrell  
2 minutes

**History of Hampton**  
Banking  
1 minute

**History of Hampton**  
VA Hospital  
2 minutes

**History of Hampton**  
Daily Press  
3 minutes

**History of Hampton**  
Ft. Monroe  
3 minutes

**History of Hampton**  
Mayor Eason  
4 minutes

	<b>History of Hampton</b> Snow Bike Shop 1 minute	1 minute <b>History of Hampton</b> Drummond 1 minute <b>History of Hampton</b> Hurricane Isabelle 2 minutes			<b>History of Hampton</b> Oystering Along The Waterfront 1 minute <b>History of Hampton</b> Buckroe Neighborhood 3 minutes		
09:30:00 PM	<b>History of Hampton</b> NASA 3 minutes <b>History of Hampton</b> Virginia Squires 3 minutes <b>History of Hampton</b> Gloria Dei School 2 minutes <b>History of Hampton</b> Benton Knight 2 minutes <b>History of Hampton</b> Real Estate 2 minutes <b>History of Hampton</b> Native Americans 2 minutes <b>History of Hampton</b> Allen Iverson 3 minutes <b>History of Hampton</b> Chief Minetti 3 minutes <b>History of Hampton</b> Hampton University	<b>History of Hampton</b> 78 MLB 1 minute <b>History of Hampton</b> Billy Mitchell Trials 2 minutes <b>History of Hampton</b> Senator Andrews 3 minutes <b>History of Hampton</b> 1st African Americans 1 minute <b>History of Hampton</b> Life in Phoebus 3 minutes <b>History of Hampton</b> Wayne Gomes 1 minute <b>History of Hampton</b> Mayor Bickford 3 minutes <b>History of Hampton</b> First Christmas 3 minutes <b>History of Hampton</b> NASA Research 3 minutes	1 minute <b>Choose Hampton</b> Paradise Ocean Club 1 minute <b>I Choose Hampton</b> Francene McCorory 1 minute <b>I Choose Hampton</b> Patrick's Hardware 1 minute <b>Hampton Promo</b> Full Speed Ahead 3 minutes <b>Coast Guard</b> Coast Guard Safety 2 minutes <b>FOCUSNNS</b> Episode 45 14 minutes <b>Choose Hampton</b> Kate Lawrence 1 minute <b>ID</b> 10 seconds	<b>FOCUSNNS</b> Episode 45 14 minutes <b>History of Hampton</b> Boo Williams 1 minute <b>ID</b> 12 seconds	<b>History of Hampton</b> Golf Course History 3 minutes <b>History of Hampton</b> Providing Oil in Tough Times 2 minutes <b>History of Hampton</b> Swimming at the Chamberlin 1 minute <b>History of Hampton</b> LaKeisha Frett 1 minute <b>History of Hampton</b> Hampton U in NCAA 2 minutes <b>History of Hampton</b> Mayor Bickford 3 minutes <b>History of Hampton</b> USO in Hampton 2 minutes <b>History of Hampton</b> Early African	<b>Jamestown</b> Voyage to Virginia 5 minutes <b>ID</b> 10 seconds <b>Choose Hampton</b> Sentara CarePlex Hampton 2 minutes <b>Choose Hampton</b> Old Point National Bank 1 minute <b>FOCUSNNS</b> Episode 45 14 minutes <b>Choose Hampton</b> St. George Brewing Company 2 minutes <b>ID</b> 14 seconds	<b>History of Hampton</b> Aberdeen Gardens 3 minutes <b>History of Hampton</b> Ronald Curry 3 minutes <b>History of Hampton</b> Blackbeard 2 minutes <b>History of Hampton</b> Pasture Point 1 minute <b>History of Hampton</b> Fox Hill Softball 1 minute <b>History of Hampton</b> Benton Knight 2 minutes <b>History of Hampton</b> Jazz Festival 1 minute <b>History of Hampton</b> WVEC 3 minutes <b>History of Hampton</b> Snow Bike Shop



	<p>3 minutes</p> <hr/> <p><b>History of Hampton</b> Turkey Day Game 1 minute</p> <hr/> <p><b>ID</b> 10 seconds</p> <hr/>	<p><b>History of Hampton</b> Fox Hill Women 2 minutes</p> <hr/> <p><b>History of Hampton</b> NASA History 2 minutes</p> <hr/>			<p>Americans 2 minutes</p> <hr/> <p><b>History of Hampton</b> Fox Hill Women 2 minutes</p> <hr/> <p><b>History of Hampton</b> NASA Research 3 minutes</p> <hr/> <p><b>History of Hampton</b> Elvis in Hampton 1 minute</p> <hr/> <p><b>History of Hampton</b> Turkey Day Game 1 minute</p> <hr/>		<p>1 minute</p> <hr/> <p><b>History of Hampton</b> Snow Bike Shop 1 minute</p> <hr/> <p><b>History of Hampton</b> Hampton YMCA 2 minutes</p> <hr/>
10:00:00 PM	<hr/> <p><b>Hampton Currents</b> Week of May 22, 2017 1 minute</p> <hr/> <p><b>Round Robin</b> Blackbeard's Crew 16 minutes</p> <hr/> <p><b>Round Robin</b> Phoebus Auction Gallery 27 minutes</p> <hr/>	<hr/> <p><b>Hampton Currents</b> Week of May 22, 2017 1 minute</p> <hr/> <p><b>Round Robin</b> Blackbeard's Crew 16 minutes</p> <hr/> <p><b>Round Robin</b> Phoebus Auction Gallery 27 minutes</p> <hr/>	<hr/> <p><b>Hampton Currents</b> Week of May 22, 2017 1 minute</p> <hr/> <p><b>Round Robin</b> Blackbeard's Crew 16 minutes</p> <hr/> <p><b>Round Robin</b> Phoebus Auction Gallery 27 minutes</p> <hr/>	<hr/> <p><b>Hampton Currents</b> Week of May 22, 2017 1 minute</p> <hr/> <p><b>Round Robin</b> Blackbeard's Crew 16 minutes</p> <hr/> <p><b>Round Robin</b> Phoebus Auction Gallery 27 minutes</p> <hr/>	<hr/> <p><b>Hampton Currents</b> Week of May 22, 2017 1 minute</p> <hr/> <p><b>Round Robin</b> Blackbeard's Crew 16 minutes</p> <hr/> <p><b>Round Robin</b> Phoebus Auction Gallery 27 minutes</p> <hr/>	<hr/> <p><b>Hampton Currents</b> Week of May 22, 2017 1 minute</p> <hr/> <p><b>Round Robin</b> Blackbeard's Crew 16 minutes</p> <hr/> <p><b>Round Robin</b> Phoebus Auction Gallery 27 minutes</p> <hr/>	<hr/> <p><b>Hampton Currents</b> Week of May 22, 2017 1 minute</p> <hr/> <p><b>Round Robin</b> Blackbeard's Crew 16 minutes</p> <hr/> <p><b>Round Robin</b> Phoebus Auction Gallery 27 minutes</p> <hr/>
10:30:00 PM	<hr/> <p><b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes</p> <hr/> <p><b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes</p> <hr/>	<hr/> <p><b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes</p> <hr/> <p><b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes</p> <hr/>	<hr/> <p><b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes</p> <hr/> <p><b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes</p> <hr/>	<hr/> <p><b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes</p> <hr/> <p><b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes</p> <hr/>	<hr/> <p><b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes</p> <hr/> <p><b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes</p> <hr/>	<hr/> <p><b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes</p> <hr/> <p><b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes</p> <hr/>	<hr/> <p><b>Round Robin</b> Boy Scouts Flag Retirement 13 minutes</p> <hr/> <p><b>Round Robin</b> Langley Kennel Club Dog Show 13 minutes</p> <hr/>
11:00:00 PM							

**Round Robin**  
National  
Physical  
Fitness Month  
15 minutes

**Round Robin**  
National Physical  
Fitness Month  
15 minutes

**Round Robin**  
National Physical  
Fitness Month  
15 minutes

**Round Robin**  
National  
Physical  
Fitness Month  
15 minutes

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15 minutes

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